

Mattishall Youth Football Club – Risk Assessment Football Activity Plan

Travel to and from training and matches	3	5	15	<ul style="list-style-type: none"> • Where possible parents should drop their children off and leave the area until the session is finished or wait in their vehicles or maintain separate social distance gathering of no more than 6 people. • You should only share a car with people from your own household or support bubble. • Individuals cannot under any circumstances offer lifts for those outside of their household or support bubble. 	1	5	5
Social Distancing	3	5	15	<ul style="list-style-type: none"> • Training sessions and football activities should be carefully planned by coaches to ensure they are structured to meet the government guidance. • Competitive training can take place for all participants in an outdoor setting provided this takes place in groups of no more than 30 (includes coaches) • Competitive match play is permitted from 1st August 2020 with social distancing in place before and after the match. • Goal celebrations should be avoided • Cones should be used to mark out the session or activity area and each social distancing gathering area. • Any person not adhering to the guidance 	1	5	5

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				<p>and social distancing rules will be asked to leave the grounds.</p> <ul style="list-style-type: none"> • All attendees are asked to use toilet facilities before they attend the session. 			
Personal Hygiene	3	5	15	<ul style="list-style-type: none"> • Keeps hands away from mouth, eyes, nose, ears and face. Cover your mouth and nose with tissue. Put used tissues in the bin immediately and wash hands. • Cover all cuts and broken skin with plasters. • In match play, players and officials should sanitise hands before and after a game as well as scheduled breaks throughout a game or training session. • Wash hands with soap and water before and after attending training or a football activity. 	1	5	5
Access and Egress	3	5	15	<ul style="list-style-type: none"> • Participants must arrive no earlier than 5 minutes before the designated training time. • Participants must leave the premises immediately at the end of the training. • The 2 m social distance must always be observed when entering and leaving the training area. 	1	5	5
Cleaning and sanitising equipment	3	5	15	<ul style="list-style-type: none"> • Frequently clean training equipment between uses, using disinfectant/cleaning products. 	1	5	5

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				<ul style="list-style-type: none"> • Football activity equipment should only be shared where necessary. Only coaches should handle equipment in training. • Goalkeepers should ensure they disinfect their gloves regularly in breaks in training or matches. • Water bottle and personal items must be stored separately and at least 1 metre from others. 			
First Aid	2	5	10	<ul style="list-style-type: none"> • First aid can only be administered in severe circumstances by the coaches as per FA training and only if the coach, parent/player agrees. • PPE will be provided for staff and children for use in emergency first aid. 	1	5	5